



Date	Who	Detail, Timing and Venue
Thur 5 th March	Whole School	World Book Day
Thur 5 th March	Elves	Swimming at Brean Splash
Fri 6 th March	Phoenix Parents	Celebration Assembly
Attendance Roundup:		
Unicorns 94.7% Elves 95.2% Griffins 95.8% Phoenix 95.6%		

World book day – We will be celebrating world book day Thursday March 5th. Paper vouchers will be handed out on the day but if you are book shopping before then vouchers are now valid and can be downloaded from the following link.

<https://www.worldbookday.com/wp-content/uploads/2026/02/2026-digital-token-UK.pdf>

We have also set up a book club online with Scholastic for anyone wanting to order books. All orders will be delivered free to school and every order earns free books for our school. Please click on the link below to order.

<https://clubs.scholastic.co.uk/C-TBHTC7L1>

Mystery Book Swap This year we will be holding a Mystery Book Swap. This event gives the children the opportunity to swap a preloved book they may have finished with at home for a new book from another child. We are asking each child to donate a preloved book from home (in good condition) and bring it to school on world book day. We encourage you to wrap your book in wrapping paper to add an extra element of surprise to the children when swapping their book. At the end of the day there will be a stall full of books for free that are in need of a new home so please come and take a look! We will ensure that no child misses out on the book swap but donations from home are much appreciated as we may not have quite enough books to donate ourselves.

Celebration Assemblies for families next term

Celebration Assemblies for families next term will be:

Phoenix 6th March, Griffins 13th March, Elves 20th March, Unicorns 27th March

Friends of Lympsham School and Pre-School

Golden Bar

Will you find a golden ticket inside?

Pre-order your **Golden Bars** by 27th February, with a chance of winning one of these amazing **Golden Prizes**:

- Voucher from Ninja Warriors
- Voucher from Mendips Activity Centre
- Extra golden time for the whole class (2 tickets)
- Breakfast for 2 with Mrs Whiting (3 tickets)
- Pick a class to read a book to (1 ticket)
- A hamper with seeds
- Lots of books and other gifts

World Book Day 5th March

Please use this QR code to book online
QR use form sent in book bag

Useful Information

Further information can be found on our website: www.lympshamcofeacademy.co.uk

Our values
'Hope, Enjoyment, Aspiration, Respect, Thankful'

Our Christian Value this term
'Compassion'

Safeguarding

Safeguarding children is everyone's responsibility. If you are worried about a child, please email

office@lympshamcofeacademy.co.uk

Designated Safeguarding Lead: Katie Whiting

Reporting Absence

If your child is feeling unwell, please contact the school office on 01934 750473, or email using the school email address: -

office@lympshamcofeacademy.co.uk

Contact must be made on each day of absence.

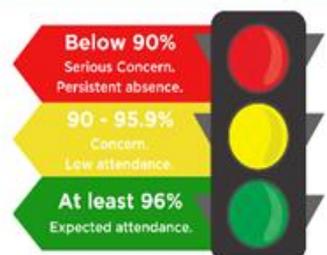
Lympsham CofE Academy
Rectory Way, Lympsham
Somerset, BS24 0EW
Main Office: 01934 750473

Email:

office@lympshamcofeacademy.co.uk

ATTENDANCE

Every day counts!



Expected attendance means having no more than seven days off this school year!

Top Tips for...

MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY MILK

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.01.2024

Further information can be found on our website: www.lymphamcofeacademy.co.uk



Part of the
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Learning Trust